



AGENDA*

Motivational Interviewing in Clinical Care: Facilitate Change, Improve Outcomes

March 2-4, 2026

Indiana Hemophilia & Thrombosis Center

Day 1	
8:45 – 10:00 am	Introduction Definitions
10:00 – 10:30 am	Styles of Communication Ambivalence
10:30 – 10:45 am	Change Talk Successes and Research Target Changes
10:45 – 11:00 am	Break
11:00 am – 12:00 pm	MI Spirit and Tasks Genuineness
12:00 – 12:30 pm	Engaging through Open Questions
12:30 – 1:15 pm	Lunch
1:15 – 2:00 pm	Engaging through Reflections
2:00 – 2:45 pm	Engaging through Reflections – continued Accurate Empathy Guidance on Self-disclosure
2:45 – 3:00 pm	Break
3:00 – 3:45 pm	Skills for Deepening Engaging Avoiding Traps
3:45 – 4:30 pm	Focusing Collaboratively Equipose – When You Want to Remain Neutral
4:30 – 5:00 pm	Wrap up & Homework
Day 2	
8:30 – 9:30 am	Introduction Review Homework Recognizing and Evoking Change Talk
9:30 – 10:00 am	Developing Discrepancy Listening for Values
10:00 – 10:15 am	Break
10:15 – 10:45 am	Evoking Importance Cultivating Values
10:45 – 11:45 am	Evoking Confidence Cultivating Strengths

*Agenda subject to change



Day 2 – continued	
11:45 am – 12:15 pm	Lunch
12:15 – 1:00 pm	Evoking influencers – ACE Affirmation
1:00 – 1:45 pm	Evoking influencers – ACE Collaboration Ask-Offer-Ask
1:45 – 2:00 pm	Break
2:00 – 2:30 pm	Evoking influencers – ACE Emphasize Autonomy
2:30 – 2:45 pm	Evoking/Change Talk Summaries – Transition to Planning
2:45 – 3:30 pm	Planning Assessing Readiness Change Plan Worksheet
3:30 – 4:15 pm	Challenging Cases Wrap up & Homework
4:15 – 4:30 pm	Break
4:30 – 5:00 pm	Community Spotlight – Hemophilia Alliance
5:00 pm	Depart for Dinner
Day 3	
8:00 – 9:00 am	Resistance Batting Practice The Role of Hope
9:00 – 9:45 am	Skill Integration: MI Road Map with Ruler Questions
9:45 – 10:00 am	Break
10:00 – 10:15 am	CAPE-able Conversations Written and Verbal Practice
10:15 – 10:45 am	Adapting MI Skills to Family Appointments
10:45 – 11:00 am	MI Q&A, Takeaways Wrap up Adjourn Depart to airport